

PMEX UPDATE

<div>BUY</div> <div>  CRUDE10-FE26 57.89 2.03% Expiry 19/Jan/26 Remaining 21 Days </div> <div>Entry 57.57 - 57.71</div> <div>Stoploss 57.26</div> <div>Take Profit 57.96 - 58.26</div>	<div>SELL</div> <div>  NGAS1K-FE26 3.8230 -1.39% Expiry 27/Jan/26 Remaining 29 Days </div> <div>Entry 3.85 - 3.833</div> <div>Stoploss 3.90</div> <div>Take Profit 3.768 - 3.743</div>	<div>SELL</div> <div>  GO10Z-FE26 4,471.70 -1.78% Expiry 28/Jan/26 Remaining 30 Days </div> <div>Entry 4476 - 4473</div> <div>Stoploss 4487.18</div> <div>Take Profit 4465 - 4454</div>	<div>SELL</div> <div>  SL10-MA26 74.37 -3.66% Expiry 25/Feb/26 Remaining 58 Days </div> <div>Entry 75.165 - 74.818</div> <div>Stoploss 75.31</div> <div>Take Profit 73.531 - 72.639</div>
<div>SELL</div> <div>  PLATINUM5-AP26 2,341.10 -6.02% Expiry 27/Mar/26 Remaining 88 Days </div> <div>Entry 2345 - 2340</div> <div>Stoploss 2349.94</div> <div>Take Profit 2330 - 2320</div>	<div>SELL</div> <div>  COPPER-MA26 5.5780 -4.48% Expiry 25/Feb/26 Remaining 58 Days </div> <div>Entry 5.5869 - 5.5759</div> <div>Stoploss 5.62</div> <div>Take Profit 5.5313 - 5.505</div>	<div>BUY</div> <div>  ICOTTON-MA26 64.60 0.17% Expiry 19/Feb/26 Remaining 52 Days </div> <div>Entry 64.33 - 64.4</div> <div>Stoploss 64.14</div> <div>Take Profit 64.55 - 64.75</div>	<div>BUY</div> <div>  DJ-MA26 48,995 -0.01% Expiry 19/Mar/26 Remaining 80 Days </div> <div>Entry 49039 - 49051</div> <div>Stoploss 48942.07</div> <div>Take Profit 49112 - 49185</div>
<div>SELL</div> <div>  SP500-MA26 6,965 -0.20% Expiry 19/Mar/26 Remaining 80 Days </div> <div>Entry 6958 - 6955</div> <div>Stoploss 6973.16</div> <div>Take Profit 6944 - 6935</div>	<div>SELL</div> <div>  NSDQ100-MA26 25,767 -0.37% Expiry 19/Mar/26 Remaining 80 Days </div> <div>Entry 25727 - 25716</div> <div>Stoploss 25798.40</div> <div>Take Profit 25661 - 25628</div>	<div>BUY</div> <div>  GOLDUSDJPY-FE26 156.34 -0.15% Expiry 28/Jan/26 Remaining 30 Days </div> <div>Entry 156.51 - 156.55</div> <div>Stoploss 156.27</div> <div>Take Profit 156.76 - 156.87</div>	<div>SELL</div> <div>  GOLDEURUSD-FE26 1.1763 -0.08% Expiry 28/Jan/26 Remaining 30 Days </div> <div>Entry 1.1783 - 1.1776</div> <div>Stoploss 1.180</div> <div>Take Profit 1.1757 - 1.1743</div>

Major Headlines

Oil prices climb 2% after selloff as Ukraine peace efforts falter

Oil prices rose in European trading on Monday after sharp declines in the previous session, as U.S.-led talks to end the war in Ukraine failed to deliver a breakthrough, although gains were capped by persistent supply surplus worries heading into 2026. As of 05:25 ET (10:25 GMT), Brent Oil Futures expiring in February rose 1.8% to \$61.34 per barrel, while West Texas Intermediate (WTI) crude futures also climbed 2% to \$57.88 per barrel. Both contracts fell more than 2.5% on Friday, erasing most of the gains accumulated earlier in the week. [see more...](#)

Gold Rally Extends Beyond Fair Value as Mean Reversion Risk Builds

Gold now at 4562 would take 250 weeks, i.e. some five years! But wait, it gets worse: account along the way for an increase in the Gold supply (typically some +2,770 tonnes per year) and empirically, it would take even longer for Gold to rightly be at today's 4562. Yes, Gold REALLY has gotten ahead of itself; but far be it from us to stand in the way of the "bigger fish to fry" global financial stability concerns. Nevertheless, the year-over-year weekly bars and parabolic trends picture remains nearly perfect. Price's expected weekly trading range [see more...](#)

U.S. stock futures slip after strong week; markets in holiday mode

U.S. stock index futures fell in early Monday trade as investors approached another holiday-shortened trading week with caution after a strong run-up in equities toward the end of the year. S&P 500 Futures were down 0.2% at 6,966.0 points, while Nasdaq 100 Futures dropped 0.4% to 25,759.25 points by 05:30 ET (10:30 GMT). Dow Jones Futures were nearly flat at 49,014.0 points. Trading volumes were expected to remain thin, with many market participants away from their desks ahead of the New Year holidays. [see more...](#)

USD/JPY steadies above 156.00 following BoJ's Summary of Opinions

The US Dollar is ticking lower against a moderately firmer Japanese Yen on Monday, yet with downside attempts contained above 156.00. The positive impact from the hawkishly-tilted Summary of Opinions of the Bank of Japan's (BoJ) Monetary Policy Meeting seen during Monday's Asian session has waned during London trading. The Yen appreciated across the board after the Japanese central bank published the minutes of the last monetary policy meeting. BoJ policymakers observed that rates are still far from neutral [see more...](#)

EUR/USD extends losses, Dollar bounces as sentiment deteriorates

EUR/USD is trading lower for the fourth consecutive day on Monday, changing hands near 1.1760 after having peaked at levels right above 1.1800 last week. The US Dollar firms up as investors ponder the real scope of the Trump-Zelenskyy meeting, while tensions between China and Taiwan escalate. US President Trump showed confidence that the peace deal in Ukraine is "a lot closer" after he met his Ukrainian counterpart, Volodymyr Zelenskyy, on Sunday, although thorny issues, namely the official status of the Donbas region remain [see more...](#)

Forex Today: Gold and Silver correct from record peaks

Following the Christmas break, Gold (XAU/USD) and Silver (XAG/USD) climbed higher and set new all-time highs on Friday. With trading volumes somewhat normalizing and profit-taking kicking into gear, both pairs turn south on Monday. At the time of press, Gold was trading at \$4,495 and losing about 1% on the day, while Silver was down 1.5% at \$78.15. In the meantime, US President Donald Trump said over the weekend that they made "a lot of progress" in talks with Ukrainian President Volodymyr Zelenskiy over a possible peace deal but noted that there is no apparent breakthrough [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Crude Oil Inventories	29/12/2025	8:30 PM	USD	High volatility		-2.000M	-1.274M

FOREX MARKETS' STATISTICS

Forex Market Hours



Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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